



Central Ohio
Compounding Pharmacy

Bio-Identical Hormone Consultation Timeline

Patient contacts the pharmacy and a staff member collects contact information. Welcome packet and patient questionnaire are sent to patient via email.



Patient questionnaire is completed and returned to **Landrews@cocprx.com**. Pharmacist reviews questionnaire and recommends next steps (likely hormone saliva testing through ZRT laboratory).



Saliva test is mailed to patient or picked up at the pharmacy. Test is completed at the patient's earliest convenience and mailed to ZRT labs for processing.



Pharmacist receives test results then schedules the initial consultation with patient.
(Results are received 7-10 business days after submission. Initial consultation is usually held within 2 weeks after results are received)



At the initial consultation, patient symptoms, test results and plan of care are reviewed with the patient. Recommendations are documented and submitted to the prescriber.
(Depending on the prescriber, prescriptions are received in 7-14 business days)



Pharmacy receives order from prescriber and contacts patient for pre-payment via text message. Prescription is filled and available for pickup or mailed out per patient preference.
(RX usually available within 48 hrs of confirmation to fill from patient)



Repeat saliva testing kit sent to patient and completed 3 months after initiation of hormone recommendations.



Consultant follows up with patient after repeat saliva testing results received to assess symptoms and make any necessary adjustments.*
(*follow up is part of initial consultation fee)



Central Ohio
Compounding Pharmacy

Estimated pricing

Description	Estimated price (subject to change)	Time frame
Initial consultation	\$195	1-hour
Initial saliva testing	\$130-\$210	Prior to initial consultation
Compounded prescriptions	Varies per patient	After initial consultation
Follow-up saliva testing	\$80-\$130	3-months after start of therapy